

WINDSOR PUBLIC SCHOOLS
INTERSCHOLASTIC ATHLETICS- RULES AND REGULATIONS

WE HAVE READ AND ACCEPT ALL OF THE POLICIES BELOW AND ACKNOWLEDGE THAT WE HAVE RECEIVED A COPY OF THE CIAC ATHLETES RIGHTS OF DUE PROCESS REGARDING STUDENT ELIGIBILITY

Athlete's name (please print) _____

Parent/ Guardian Signature Date Athlete's Signature Date

THIS FORM MUST BE COMPLETED, SIGNED, DETACHED, AND RETURNED TO THE COACH PRIOR TO ANY PARTICIPATION BY THE ATHLETE.

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INTERSCHOLASTIC ATHLETICS RULES AND REGULATIONS**

IT IS A PRIVILEGE TO PARTICIPATE IN INTERSCHOLASTIC ATHLETICS. EVERY ATHLETE MUST REALIZE THAT MORE IS EXPECTED OF HIM/ HER THAN OF THE ORDINARY STUDENT IN MANY ASPECTS OF SCHOOL AND COMMUNITY LIFE. AN ATHLETE MUST MAKE MANY SACRIFICES AND ADHERE TO SPECIAL RULES AND REGULATIONS.

ALL RULES APPLY FOR THE DURATION OF THE SEASON. A SEASON IS DEFINED AS THE TIME BETWEEN FIRST DAY OF PRACTICE AND THE END OF THE FINAL GAME OF THE SEASON.

1. All CIAC eligibility rules and CCC rules will be strictly enforced.
2. Any substance abuse such as smoking, chewing tobacco, use of alcohol or drugs will result in suspension from the team. Supplements such as steroids, creatine, and ephedra and its derivatives are included in this policy.
3. Student Behavior – All athletes shall conduct themselves as good school and community citizens. Unsatisfactory behavior may result in suspension from the team.
4. Team Conduct – All team members must show respect to their opponents, officials, coaches, and spectators. Abuse of this rule may result in suspension from the team.
5. Practice – No unexcused cuts from practices are permitted. Violation of his rule may lead to suspension. Attendance is expected at all practices and games. Any family/ school/personal conflicts should be addressed to the coach prior to the first scheduled contest.
6. Equipment – all school issued equipment must be properly cared for by the athlete and he/she will be financially responsible for any missing equipment. Team uniforms are **not** to be worn during practice or P.E. class or for any other personal use.
7. Attendance – a player who is absent from school may not participate in any team activities on that day unless special permission has been issued in writing by the athletic director or administrator.
8. Health Status – the coach and school nurse must be informed about any significant changes in a player's health.
9. Medical Excuse – A student who receives a medical excuse from physical education may not participate in athletics for the duration of the medical.
10. Transportation- All team members must ride the bus to and from all away contests. Requests for exceptions to this policy must be made in writing by a parent/ guardian. This request should be submitted to the coach for approval by the athletic director before school on the day on the contest.
11. A letter award is given to an athlete upon recommendation of the coach. An athlete must be a member in good standing of the team at the conclusion of the season in order to qualify for a letter.

